

## 2019 Meetings

- Jan **No Meeting**
- Feb **No Meeting**
- Mar 18 **ADRC**
- Apr 15 **Friend Pen**
- May 20 **Stages of Vision loss**
- Jun 17 **NASA boat ride**
- Jul 15 **Eye Nutrition**
- Aug 19 **Amazon Alexa**
- Sep 16 **Cranberry Marsh tour**
- Oct 21 **White Cane Day**
- Nov 18 **TBD**
- Dec 16 **Christmas Party**

\*\*\*\*\*  
**ALL TOPICS ARE SUBJECT TO CHANGE**

PLACE  
STAMP  
HERE

**ADRC OF MONROE COUNTY**

315 West Oak St. Suite A, Sparta, WI 54656

# **OUT OF SIGHT LOW VISION SUPPORT GROUP**

---

**ADRC'S OUT OF SIGHT  
Low Vision**

**Support Group was formed  
in 2004 and is open to all ages**





## Who Are We?

Monroe County's Out of Sight Low Vision Support Group was formed to help people of all ages cope with vision loss.

We have discussions on various aspects surrounding vision loss. We will also have guest speakers who provide various resources.

Meetings are held monthly from March through December. Please join us!

## What Do We Do?

- Raise awareness of the unique needs of those with low vision
- Share information about available resources
- Dispel stereotypes about vision loss
- Establish support network
- Explore socialization opportunities
- Help others
- And last but not least...  
we have **FUN!!!**



Reading machine

## Will You Join Us?

If you, a family member, or a friend are affected by vision loss, please attend.

Included in our support group are people who are blind, have low vision due to cataracts, glaucoma, or macular degeneration, or who are a caretaker of someone with visual needs.

Meetings are on the 3rd Monday at 1:00 pm at the Sparta Barney Community Center at 1000 E. Montgomery St. Sparta, WI

**Contact the  
ADRC of Monroe Co.  
888-339-7854**

608-269-8690