NAMI MONROE COUNTY
National Alliance on Mental Illness

NAMI Monroe County is now holding monthly support groups for adults who are struggling with mental health issues.

MENTAL HEALTH
Support Group

Please join us on the

1ST THURSDAY OF EVERY MONTH | **6:30PM to 7:30PM** | *at* **TOMAH MEMORIAL HOSPITAL : CLASSROOM B**
ENTER THROUGH THE HOSPITAL'S SIDE ENTRANCE.
PARKING BEHIND THE MAYO CLINIC.

The support group will be an open and non-judgmental place where participants will be able to talk about their experiences and struggles with mental illness.

At this time we are welcoming adult participants who are mental health consumers. We hope to have Friend & Family Support Groups soon.

info@namimonroecounty.org | www.namimonroecounty.org