

# Healthy Beginnings Plus & Maternal Child Health

Are you pregnant and looking for support? Whether this is your first or your third pregnancy, you will still have questions and concerns. Let us be with you during this exciting time!

Monroe County Health Department (MCHD) offers a Healthy Beginnings Plus Program for pregnant women. The program provides support, helps with health care needs, and provides information on resources, services in the county, health and nutrition.

MCHD also provides services for mothers, children and families through the Maternal Child Health Program (MCH). This program is for those who are not Medicaid eligible. MCH promotes healthy lifestyles, safety, access to health care, pregnancy planning, and primary care to all.



The goal of these programs is to support you, help you have a healthy baby and maintain your wellbeing.

For more information contact MCHD or visit:

MCH: <http://www.dhs.wisconsin.gov/Health/mch/>

Healthy Beginnings Plus: <https://www.dhs.wisconsin.gov/mch/pncc.htm>