

Monroe County Resources

WIC—Women, Infants and Children Special Supplemental Nutrition Program

Please call for an appointment
(608) 269-8671
14301 Cty Hwy B, A-18, Sparta
E-mail: www.MonroeCounty.WIC@co.monroe.wi.us
Services: Provides nutritional counseling and health referrals with supplemental food packages for pregnant and post-partum women, infants, and children <age 5 who meet income qualifications and are determined to be at nutritional risk. Like and follow us on Facebook.

FoodShare

1-888-627-0430
Western Region for Economic Assistance Consortium
Website: access.wisconsin.gov
Services: Formerly known as food stamps; help for people with little or no income to buy food.

FoodShare Helpline

1-877-366-3635 (toll-free)
English/Spanish. Language line is available.

FoodShare Helpline offers information on FoodShare (food stamp) benefits eligibility by a trained Second Harvest specialist.

FoodShare Application Assistance

1-877-366-3635 (toll-free)
Call for an appointment or a referral.
Free, confidential, personalized application assistance is provided by a trained Second Harvest specialist at various sites throughout Monroe County.

Families First

Please call for an appointment
(608) 374-4141
1118 W Veterans St, Tomah
Website: www.familiesfirstofmonroecounty.org
Services: Provides preventive family support services (as funding allows) and assists in temporary crisis situations. Diapers and clothing vouchers for families in need.

Sparta

Couleecap, Inc.

(608) 269-5021
217 N Black River St (Jones Plaza)
Office Hours: Mon, Wed & Thurs 10am – 2pm
Food Pantry Hours: Mon & Thurs 10am – 2pm
Website: www.couleecap.org
Services: Supportive Housing, Homeless Prevention Program, Food Pantry.
*Food Pantry serves western Monroe County (Sparta, Angelo, Melvina, Leon, Norwalk, and surrounding areas)

Ecumenical Food Pantry/ Bread Basket Community Food Pantry

For more information call Trinity Lutheran Church
(608) 269-5081
114 N Water St
Mon-Thurs 10am—12 pm, Tues 5—7 pm

United Methodist Church

(608) 269-6949
210 N Court St
Offers full meals on Tues from 5-6pm
Meals are FREE! Donations accepted.

Ladles of Love

608-633-9072
1000 E Montgomery St
Thurs 6-8 pm (serve at 6 pm)
Free meal site where people of all ages can come for a home cooked meal and socialize.

Tomah

Neighbor for Neighbor Food Pantry

(608) 372-6737
1118 W Veterans St
Mon 1-3:30 pm; 2nd and 4th Wed of each month from 3:30-6 pm; Thurs 10 am-12 pm
Website: www.nfnfoodpantry.org
*Serves eastern Monroe County (Tomah, Tunnel City, Wyeville, Camp Douglas, Clifton, Warrens, Oakdale, Kendall, Norwalk, Wilton)

Tomah Community Table

(608) 343-7039
Tomah Masonic Lodge, East Entrance
520 E Saratoga St
Services: Offers full meals on Mondays from 4:30-5:30 pm. Closed certain Holidays.

Other Areas

Cashton Cupboard and Closet

(608) 654-5770
199 Front St
Mon-Fri 10 am to 4 pm
Sat 10 am to 1 pm

Ontario Food Pantry

Please call for an appointment
(608) 337-4656
Grace Community Church
Ontario, Norwalk area

Wilton Food Pantry

Please call for an appointment
(608) 435-6647 or 435-6406

Second Harvest Foodbank of Southern Wisconsin **MOBILE FOOD PANTRY**

(608) 216-7225 (Monroe County Service Representative)

(608) 223-9121 (Main telephone number)

Website: www.secondharvestmadison.org

Norwalk: Community Center (200 North St), last Tuesday of month, starting at 11 am

Sparta: 1800 Block of Milwaukee St, Sparta 3rd Monday starting at 4 pm

Tomah: Fairgrounds (1625 Butts Avenue), 1st Tuesday starting at 4 pm

SERVICE DESCRIPTION:

- Non-perishable and perishable food such as milk, juice, bread and fresh produce is provided.

ELIGIBILITY: General public; no geographic eligibility restrictions (i.e., restricted to residents of specific county, or school district, etc) for receiving food at any/all of the Second Harvest mobile pantries.

School Food Pantries

Food Pantry at Meadowview School

(608) 269-3151

1225 North Water St, Room A120

Wednesdays 4-6 pm

Serves families with children enrolled in the Sparta Area School District.

Senior Resources

Café Connections – Home Delivered

Hot meals delivered directly to homes of persons 60 years of age and over for a suggested donation of \$3.75 a meal.

FOODSHARE accepted.

Please call (608) 269-8690.

Café Connections/Senior Dining Sites

Provides hot, nutritious noon meals to persons 60 years of age and over for a suggested donation of \$3.50 a meal.

FOODSHARE accepted.

Please call your local Dining Site to reserve your meal the day before you want to eat.

Café Connections

(Also known as Senior Dining Sites)

Cashton Meal Site – (608) 487-6129

812 Main St

Serving Time: 11:30 am

Cataract Meal Site – (608) 487-6128

Little Falls Town Hall, 4124 County Highway I

Serving Time: 11:00 am

Kendall Meal Site – (608) 463-7622

Kenview Manor, 412 Spring Street

Serving Time: 11:30 am

Norwalk Meal Site – (608) 343-3158

Norcrest Senior Housing

206 West Center St

Serving Time: 12:00 pm (noon)

Sparta Meal Site – (608) 269-6778

Sparta Community Center, 1000 E. Montgomery St

Serving Time: 11:30 am

Tomah Meal Site – (608) 372-7291

Kupper-Ratsch Senior Center

1002 Superior Avenue

Serving Time: 11:30 am

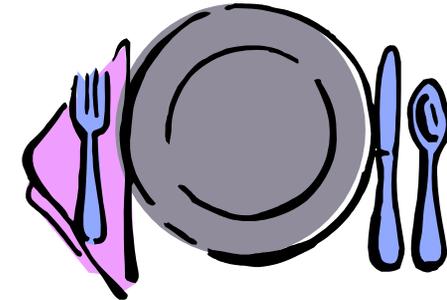
Wilton Meal Site – (608) 487-6130

Wilton Fire Station, 806 Railroad Street

Serving Time: 11:30 am

Monroe County

FOOD AND NUTRITION RESOURCES



Monroe County Health Department
Community Services Center, A-18
14301 County Highway B
Sparta, WI 54656
(608) 269-8666

Download Brochure at:
www.co.monroe.wi.us/departments/health-department/

Updated 6/16