

Monroe County **Resources**

WIC—Women, Infants and Children **Special Supplemental Nutrition Program**

Please call for an appointment
(608) 269-8671

14301 Cty Hwy B, A-18, Sparta

Services: Provides nutritional counseling and health referrals with supplemental food packages for pregnant and post-partum women, infants, and children <age 5 who meet income qualifications and are determined to be at nutritional risk.

FoodShare

1-888-627-0430

Western Region for Economic Assistance Consortium

Services: Formerly known as food stamps; help for people with little or no income to buy food.

FoodShare Helpline

1-877-366-3635 (toll-free)

English/Spanish. Language line is available.

Second Harvest Foodbank of Southern WI

FoodShare Helpline offers information on FoodShare (food stamp) benefits eligibility, pre-screens callers for potential eligibility and refers callers to sites where free, confidential application assistance is available by a trained Second Harvest specialist.

FoodShare Application Assistance

1-877-366-3635 (toll-free)

Call for an appointment or a referral.

Second Harvest Foodbank of Southern WI

Free, confidential, personalized application assistance is provided by a trained Second Harvest specialist at various sites throughout Monroe County.

Families First

Please call for an appointment
(608) 374-4141

1118 W Veterans Dr, Tomah

Services: Provides preventive family support services (as funding allows) and assists in temporary crisis situations.

Sparta

Couleecap, Inc.

(608) 269-5021

217 N Black River St (Jones Plaza)

Office Hours: Mon –Thurs 9am – 3pm

Food Pantry Hours: Mon & Thurs 10am – 2pm

Services: Energy Assistance, Supportive Housing, Homeless Prevention Program Food Pantry.

*Food Pantry serves western Monroe County; Sparta, Angelo, Melvina, Leon, Norwalk, and surrounding areas

Ecumenical Food Pantry/ Bread Basket **Community Food Pantry**

For more information call (608) 269-5081

Mon-Thurs 10am—12 pm

Tues 5—7 pm

114 N Water St

United Methodist Church

(608) 269-6949

210 N Court St

Services: Offers full meals on Tues from 5-6pm

Tomah

Neighbor for Neighbor Food Pantry

(608) 372-6737

1118 W Veterans Dr

Mon and Fri 1-3:30 pm; 2nd and 4th Wed of each month from 3:30-6 pm

*Serves eastern Monroe County (Tomah, Tunnel City, Wyeville, Camp Douglas, Clifton, Warrens, Oakdale, Kendall, Norwalk, Wilton)

Tomah Community Table

(608) 343-7039

Tomah Masonic Lodge, East Entrance

520 E Saratoga St

Services: Offers full meals on Mondays from 4:30-5:30 pm. Closed certain Holidays.

Other Areas

Cashton Cupboard and Closet

(608) 654-5770

9785 Ogden Ave

Mon, Wed, Thurs, Fri 10 am to 4 pm

Tues 10 am to 6 pm

Sat 10 am to 2 pm

Ontario Food Pantry

Please call for an appointment

(608) 337-4656

Community Baptist Church

Ontario, Norwalk area

Wilton Food Pantry

Please call for an appointment

(608) 435-6647 or 435-6406

St. Paul's Lutheran Church

Second Harvest Foodbank of Southern Wisconsin

MOBILE FOOD PANTRY

(608) 234-0863 (Monroe County Service Representative)
(608) 216-7208 (Main telephone number)

SERVICE DESCRIPTION:

- In partnership with member agencies, food from the Second Harvest warehouse is trucked into neighborhood sites throughout the service area at a prescheduled time for immediate distribution to residents
- Non-perishable and perishable food such as milk, juice, bread and fresh produce is provided

ELIGIBILITY: General public; no geographic eligibility restrictions (i.e., restricted to residents of specific county, or school district, etc) for receiving food at any/all of the Second Harvest mobile pantries

Senior Resources

Café Connections/Nutrition Sites – Home Delivered

Hot meals delivered directly to homes of persons 60 years of age and over for a suggested donation of \$3.75 a meal.
FOODSHARE accepted.
Please call (608) 269-8690.

Café Connections/Nutrition Sites – Congregate

Dining

Provides hot, nutritious noon meals to persons 60 years of age and over for a suggested donation of \$3.50 a meal.
FOODSHARE accepted.

Please call your local Nutrition Site to reserve your meal the day before you want to eat.

(Senior dining locations are listed on the back)

Café Connections

(Also known as Senior Nutrition Sites)

Cashton Meal Site – (608) 487-6129

812 Main St
Serving Time: 11:30 am

Cashton/Sparta Meal Site-- (608) 269-9953

TERRY'S HIDEOUT (restaurant)
10041 County Highway XX, Cashton, WI
Serving Time: 11:30 am Tuesdays ONLY

Cataract Meal Site – (608) 487-6128

Little Falls Town Hall, 4124 County Highway I
Serving Time: 11:00 am

Kendall Meal Site – (608) 463-7622

Kenview Manor, 412 Spring Street
Serving Time: 11:30 am

Norwalk Meal Site – (608) 343-3158

206 West Center St
Serving Time: 12:00 pm (noon)

Sparta Meal Site – (608) 269-6778

Sparta Community Center, 1000 E. Montgomery St
Serving Time: 11:30 am

Tomah Meal Site– (608) 372-7291

Kupper-Ratsch Senior Center
1002 Superior Avenue
Serving Time: 11:30 am

Warrens Meal Site– (608) 378-3514

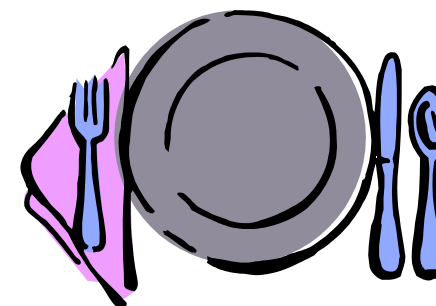
The Bog (restaurant), 3514 Blarney Rd
Serving time: 11:00 am—1 pm

Wilton Meal Site – (608) 487-6130

Wilton Fire Station, 806 Railroad Street
Serving Time: 11:30 am

Monroe County

FOOD AND NUTRITION RESOURCES



Monroe County Health Department
Community Services Center, A-18
14301 County Highway B
Sparta, WI 54656
(608) 269-8666