



# GUIDE 5

## GUIDE 5: WHAT TO DO WITH FOOD AFTER A FLOOD

Type of Food	Proper Action after Flood
Baby formula	Use only prepared, canned baby formula that requires no added water.
Food not found in waterproof containers	Discard if they have come into contact with flood water.
Canned foods	<ul style="list-style-type: none"> <li>• Discard if damaged.</li> <li>• Undamaged, commercially canned foods can be saved if you remove the can labels, wash cans, disinfect with one cup bleach to five gallons of water. Re-label cans, including expiration date, with a marker.</li> </ul>
Screw-caps, snap-lids, crimped caps (soda pop bottles), twist caps, flip tops, and home canned foods	Discard if they have come into contact with flood water.
Refrigerated or frozen food	<ul style="list-style-type: none"> <li>• Check food for spoilage by their odor and appearance.</li> <li>• Perishable foods left at room temperature for more than two hours should be thrown out.</li> <li>• Frozen food that has thawed should be thrown out.</li> </ul>