

Monroe County

Community Health Improvement Plan

2015-2018



Draft

July 2016

The Monroe County Community Health Improvement Plan (CHIP) is being developed through the collaborative work of community partners to enhance the health of the community. This document provides a summary of the work to date. A final report will be ready in the fall of 2016.

Acknowledgements

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Marlene Sund, Monroe County Board of Health
Denise Weber, Mayo Clinic Health System- Sparta
Clinic
Cindy Zahrte, Tomah School District

Assess Needs & Resources

This dynamic process began with a review of the *COMPASS NOW 2015* report, which can be found at: <http://www.greatriversunitedway.org/our-work/community-needs-assessment/>. Key data specific to Monroe County was utilized to create a Community Health Assessment. Highlights of the data are listed over the next few pages of this document. A more complete Community Health Assessment will be compiled in the final CHIP report.



Healthy Wisconsin 2020

12 Health Focus Areas

1. Adequate, appropriate and safe food and nutrition
2. Alcohol and other drug use
3. Chronic disease prevention and management
4. Communicable disease prevention / control
5. Environmental and occupational health
6. Healthy growth and development
7. Injury and violence
8. Mental health
9. Oral health
10. Physical Activity
11. Reproductive and sexual health
12. Tobacco use and exposure

Source: Wisconsin DHS



COMPASS NOW 2015-Regional Perspective

COMMUNITY

- Adverse Childhood Experiences
- Violence
- Environment
 - Built
 - Natural

EDUCATION

- Academic Readiness and Success
 - K-12
 - Post-Secondary Education
- Youth Resilience
- Workforce Readiness

INCOME/ECONOMIC

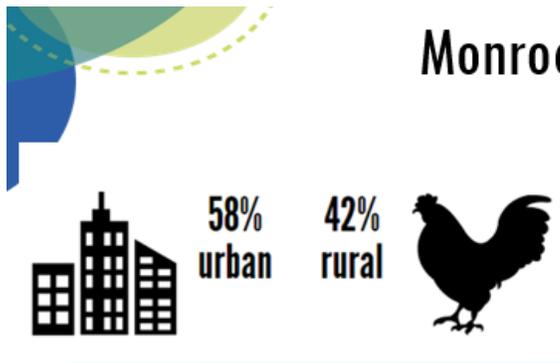
- Quality Housing
 - Affordability
 - Availability
- Poverty
- Jobs with Adequate Income

HEALTH

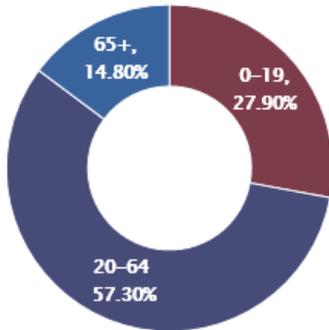
- Chronic Disease and Contributing Factors
- Mental Health and/or Substance Abuse
- Oral Health

<http://www.greatriversunitedway.org/our-work/community-needs-assessment/>

Monroe Co. Demographics

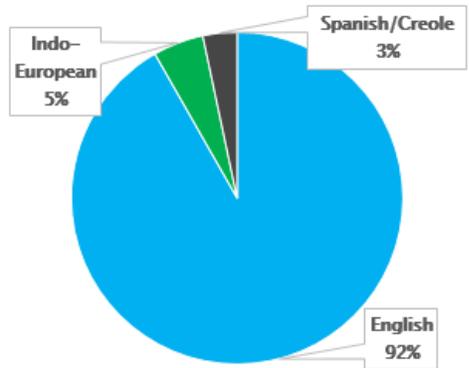


Age of Residents



44,673
County
Residents

Primary Language Spoken in Home



Race/Ethnicity of Residents



White: 91.1
Hispanic: 3.9%
Black/African American: 1.2%
American Indian/Alaskan Native: 0.9%
Asian: 0.6%

Source: COMPASS NOW, 2015

Mortality Data

In 2015, there were:

6,848 years

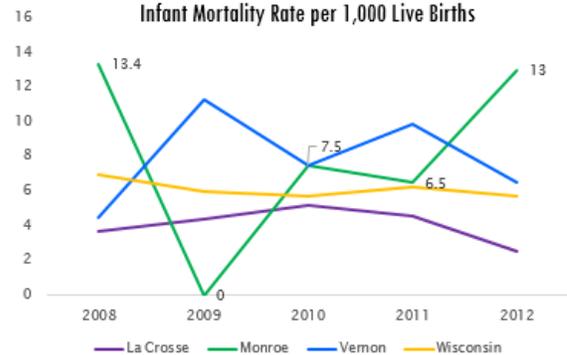
of potential life lost (ypll) before age 65 per 100,000 population (age-adjusted) among Monroe County Residents, compared to the Wisconsin average of

5881 years

Top 5 Causes of Death in Monroe Co. (*rates are per 100,000 population)

- Cancer: 193.79 deaths*
- Heart disease: 191.59*
- Other causes: 156.36 deaths*
- Chronic Lower Respiratory Disease: 72.67 deaths*
- Cerebrovascular disease: 44.04 deaths*

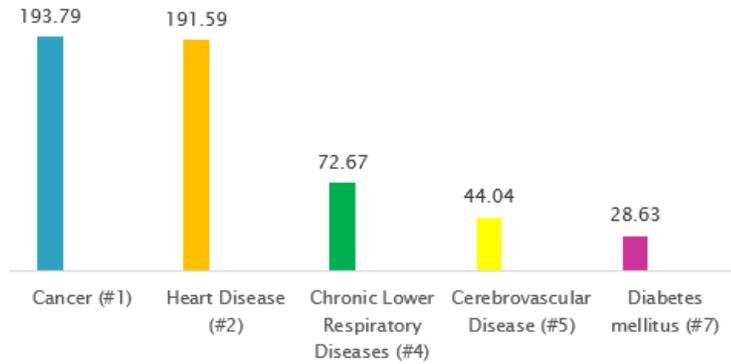
Infant Mortality Rate per 1,000 Live Births



Sources: COMPASS NOW, 2015; Wisconsin Interactive Statistics on Health (WISH), 2015

Chronic Disease

Monroe Co. Chronic Disease Deaths per 100,000 population



Chronic Disease Management Data



92%

Percentage of diabetic Medicare enrollees ages 65-75 that receive HbA1c monitoring



70.2%

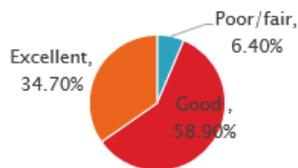
Percent of female Medicare enrollees aged 67-69 that received mammography screening over two years

Chronic Disease and contributing factors ranked as one of the three top health issues in the Great Rivers Region by the 2015 COMPASS NOW Community Needs Assessment

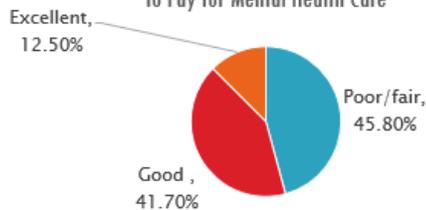
Sources: COMPASS NOW, 2015; County Health Rankings, 2015; Wisconsin Interactive Statistics on Health (WISH), 2015

Mental Health

How Monroe County Residents Rate their Overall Mental Health



How Monroe County Residents Rate their Ability to Pay for Mental Health Care



4.7

Rate of psychiatric hospitalizations per 1,000 population (2012)



7.4

Rate of suicide deaths per 100,000 population (2012-2014)



730:1

There is 1 mental health provider for every 730 county residents

Mental Health: Youth Perceptions Data



28%

Percentage of students who reported that they felt so sad or hopeless, almost every day for 2+ weeks in a row



17%

Percentage of students who reported that they seriously considered suicide in last 12 mos.



33%

Percentage of students who reported being bullied on school property in the past 12 mos.

16%

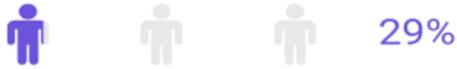
Percentage of students who reported that they most of the time/always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious

22%

Percentage of students who were electronically bullied in past 12 mos.

Sources: COMPASS NOW, 2015; County Health Rankings, 2015; Monroe County Youth Behavior Risk Survey, 2015

Oral Health



Percent of Monroe County residents with no recent dental visit

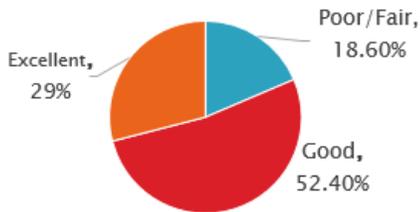


Percent of Monroe County adults with Tooth loss due to decay or Gum Disease (2006, 2008, 2010)

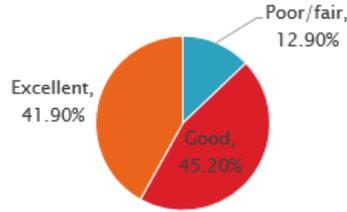


Percent of Monroe County residents with access to optimally fluoridated water (2011)

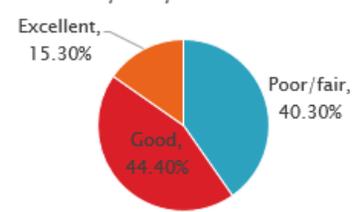
How Monroe County Residents Rate Their Oral Health



How Monroe County Residents Rate Their Access to Dental Care



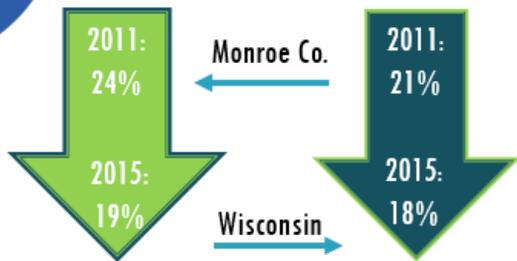
How Monroe County Residents Rate Their Ability to Pay for Dental Care



Source: COMPASS NOW, 2015

Tobacco Use

Percentage of Adults Who Reported Smoking

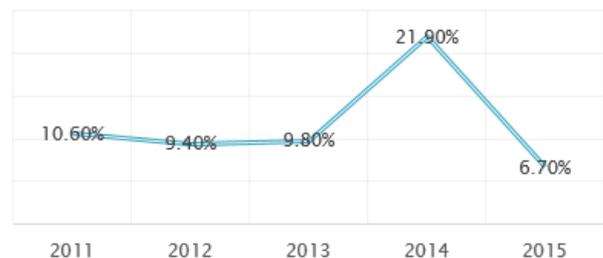


2015 Youth Tobacco Use



In 2015, 1 In 5 pregnant women in Monroe County reported smoking during pregnancy

TOBACCO SALES TO MINORS 2011-2015

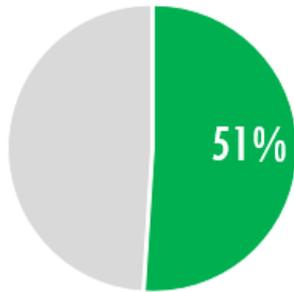


Sources: COMPASS NOW 2015; Monroe County Youth Behavior Risk Survey, 2015; Wisconsin WINS 2015

Physical Activity & Nutrition

 **71.5%** of Monroe County adults do not consume an adequate amount of fruits and vegetables each day

Youth Who are Physically Active 60+ Minutes/Day on 5+ days/week



■ Physically Active ■ Physically Inactive



~1 out of 4 adults report being physically inactive

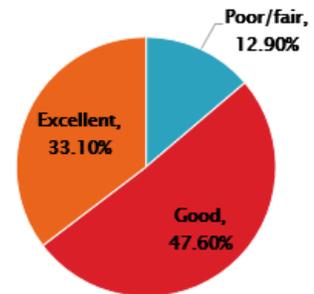


32% of Monroe County adults are obese

How Monroe County Residents Rate Their Ability to Pay for Healthy Food Choices



How Monroe County Residents Rate Their Access to Healthy Food Choices



Sources: COMPASS NOW, 2015; County Health Rankings, 2015; Monroe County Youth Behavior Risk Survey, 2015

Alcohol & Drugs

26% of adults reported excessive drinking in the past 30 days

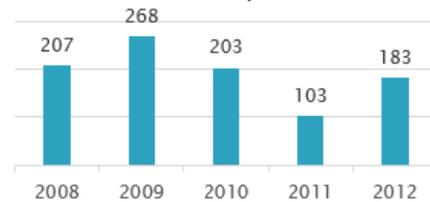


In 2013, **36%** of Monroe Co. adolescents reported drinking alcohol in the past 30 days. In 2015, that number dropped to **28%**

- Monroe County residents ranked the following concerns as their top 3 community concerns:
- #1: Illegal Drug Use
 - #2: Prescription Drug Misuse
 - #3: Alcohol Use

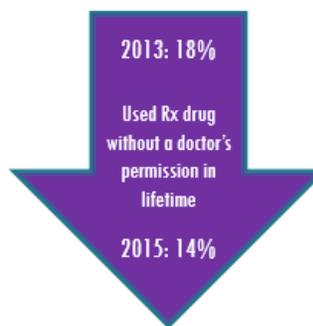
Sources: COMPASS NOW, 2015; Monroe County Youth Behavior Risk Survey, 2015

Number of Drug Arrests in Monroe County



#1 cause of drug arrests was marijuana possession

Adolescent Drug Use



In 2013 & 2015, **28%** of students reported using marijuana in their lifetime

Reproductive & Sexual Health

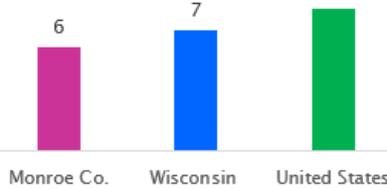
Cases of Chlamydia per 100,000 population



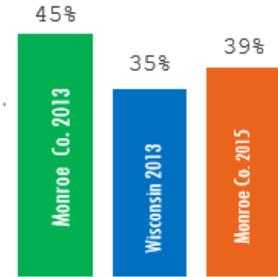
Percentage of Pregnant Women Receiving Prenatal Care in the 1st Trimester



Low Birth Weight Births per 1,000 Population



% of Monroe County Teens that have ever had sex



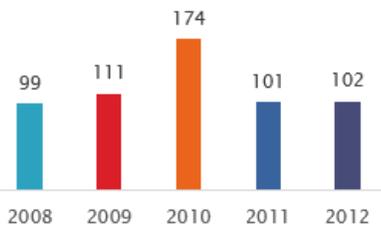
In 2014, there were **28** birth among Females age 15-19 (teen birth rate)



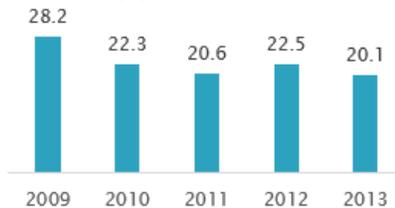
Sources: COMPASS NOW, 2015; Monroe County Youth Behavior Risk Survey, 2015

Injury & Violence

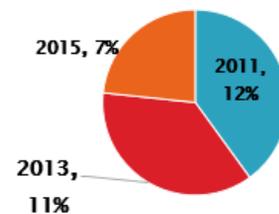
Violent Crime Rate in Monroe County



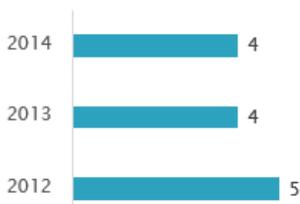
Child Abuse & Neglect Reports per 1,000 population in Monroe Co.



Percent of Monroe Co. teens who rarely/never wore a seat belt when riding in a car driven by someone else



Deaths Due to Falls in Elderly



2014, there were 363 hospitalizations due to injuries. (742.4 hospitalizations per 100,000 population). Falls are the #1 and poisonings are the #2 cause of hospitalizations in Monroe County.



41.8

Rate of deaths due to unintentional injuries per 100,000 population in **Monroe Co.**

51.1

Rate of death due to unintentional injuries per 100,000 population in **Wisconsin**

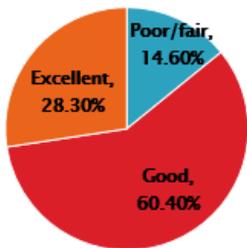
Sources: COMPASS NOW, 2015; Wisconsin Interactive Statistics on Health (WISH), 2015

Social & Economic Factors

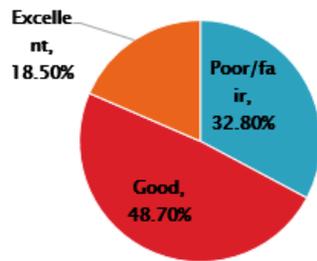


93.3% High School Graduation Rate
48.5% of adults 25+ that have earned higher than a high school diploma

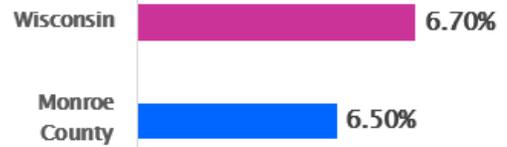
How Monroe County Residents Rate the Quality of 4k-12 Schools



How Monroe County Residents Rate their Ability to Meet Basic Needs



Unemployment Rate



Of Monroe County residents live in poverty



Of Monroe County children live in poverty

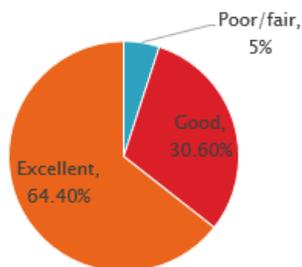


Of Monroe County children live in single parent households

Sources: COMPASS NOW, 2015; County Health Rankings, 2015

Health Care & Public Health

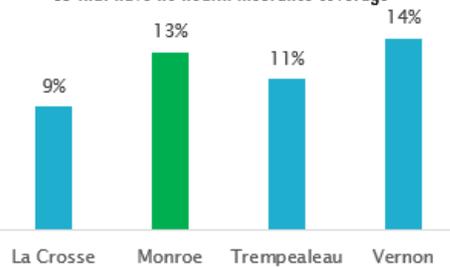
How Monroe County Residents Rate Their Access To Healthcare



How Monroe County Residents Rate Their Ability to Pay for Healthcare



Percent of Monroe County Residents under age 65 that have no health insurance coverage



Ratio of population to primary care providers

1,680:1

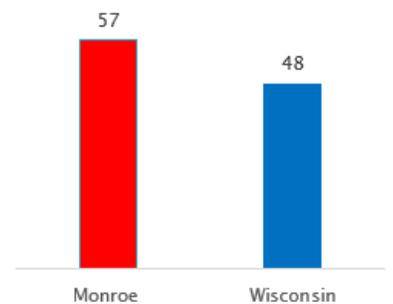
There is 1 primary care provider for every 1,680 Monroe County Residents

1,220:1

There is 1 primary care provider for every 1,220 Wisconsin Residents



Preventable hospital stays per 1,000 Medicare enrollees



Sources: COMPASS NOW, 2015; County Health Rankings, 2015

Environmental Factors

The Natural Environment

AIR QUALITY

- Ozone**
0.0 | Annual days above standard
Wisconsin: 0.7
- Particulate Matter 2.5**
0.0 | Annual days above standard
Wisconsin: 0.1

WATER QUALITY

- Arsenic**
0.3 | Average concentration in µg/L
Wisconsin: 1.3
- Nitrate**
1.6 | Average concentration in mg/L
Wisconsin: 1.5

How Monroe County Residents rate efforts to protect the natural environment



The Built Environment

- 15%** Percentage of Monroe County residents with low food access (i.e. live in a food desert)
- 45%** Percentage of Monroe County homes built before 1970
- 5.4%** Percentage of Monroe County children under age 6 with elevated blood lead levels (WI state average: 6.3%)

Sources: Wisconsin Environmental Health Profiles, 2015; COMPASS NOW, 2015

Domestic and Sexual Violence

- According to the WI Dept. of Justice, in 2015 there were 4 arrests due to forcible rape in Monroe County
- Sexual Violence Data:

STATE PREVALENCE		
National Intimate Partner and Sexual Violence Survey	Rape (Women)	17.7%
Lifetime Prevalence Estimates	Sexual Violence Other than Rape (Women)	41.3%
	Sexual Violence Other than Rape (Men)	23.7%

ADVOCACY	
Unduplicated Sexual Assault Victims	152
Data from Brighter Tomorrows (55) & Gundersen Lutheran Sexual Abuse Counseling and Support Program (97)	

COMPASS NOW, 2015 Domestic Violence Data

Number and Rates of Domestic Violence Incidents and Law Enforcement Response, 2012				
County	Total Population	Number of Incidents	Rate of Domestic Violence/ 100,000 Population	Arrest Rates
La Crosse	115,577	635	549.4	88.0%
Monroe	45,056	199	441.7	83.4%
Trempealeau	28,986	143	493.3	79.7%
Vernon	29,865	37	123.9	72.9%
Wisconsin	5,706,871*	28,539**	500.0	-

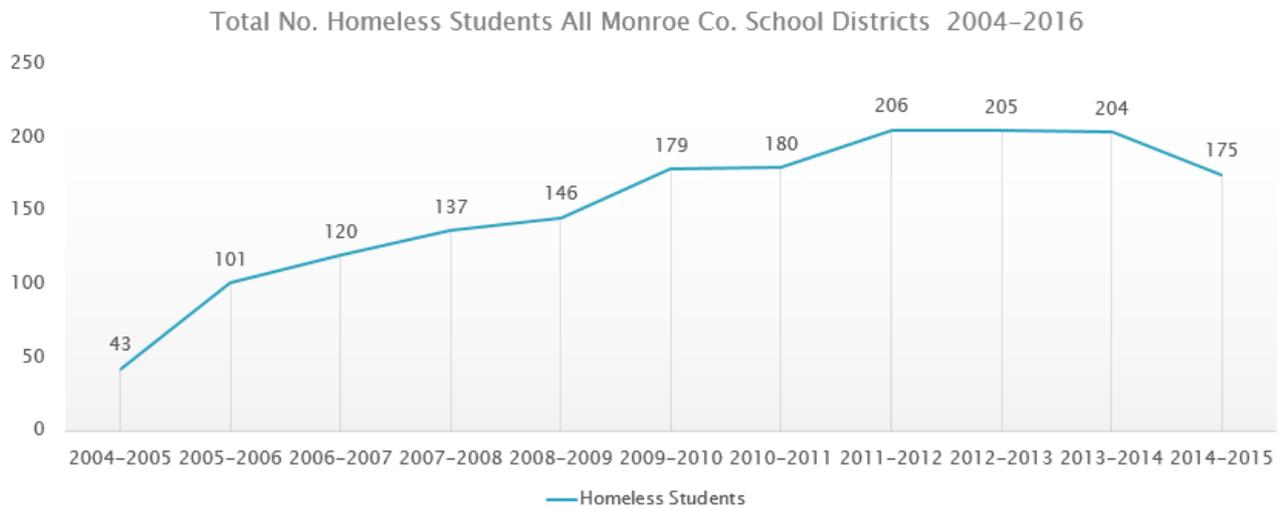
Source: Wisconsin Department of Justice, Domestic Abuse Incident Report (January-December 2012)
 *Wisconsin population estimated based on 2013 U.S. Census estimates.
 **Wisconsin number of domestic violence estimates based on data from 2011.
 • There was a 0% dual arrest rate for all four counties.

Sources: Burden of Sexual Violence in WI, 2010, Wisconsin Coalition Against Sexual Assault (WCASA); Wisconsin Uniform Crime Reporting (UCR), 2016, WI Dept of Justice

Source: Great Rivers United Way, COMPASS NOW, 2015



Homelessness Data



Focus on What's Important

In April 2016, more than 30 key stakeholders, leaders, and community members convened for a community health improvement planning session. We reviewed data related to the Healthiest Wisconsin 2020 focus areas specific to Monroe County and identified community health priorities.

The following priority focus areas were chosen: Mental Health, Alcohol & Other Drugs, and Adequate, Appropriate and Safe Food and Nutrition. There was interest in further evaluating Chronic Disease Prevention as an potential focus area over the next few months before committing to creating goals or a work group for this issue.

The next few pages of this document provide an overview of the three priority health issues. For each health issue, there is a general description of the issue as well as relevant local data compiled for the issue. In addition, there is a listing of what's currently happening in Monroe County to address this health issue.

Mental Health and Alcohol and Other Drugs both have existing work groups in place. A brief summary of the work groups' activities is listed on the next few pages as well as the contact information for any community member interested in joining a work group. There was a Nutrition work group that was developed with the 2012-2015 CHIP, but that work group is no longer meeting. A new Nutrition work group is being formed as a results of this process. The information about that meeting will be listed with the Nutrition health issue summary below.

Over the next few months, each work group will be asked to submit goals and objectives to identify how these health issues will be improved over the next three years. The final report will contain the details of these goals, objectives, and work group activities. Community members are welcome and encouraged to contact work group leaders to learn more about opportunities to support this work.

Mental Health

Mental health can be defined as a state of successful mental function, resulting in productive activities, fulfilling relationships, ability to adapt and cope with challenges.

Mental health is essential to:

- ▶ Personal well-being
- ▶ Relationships
- ▶ The ability to contribute to society

Mental illness is the most common cause of disability in the U.S.

Thirteen (13) million adults have seriously debilitating mental illness each year in the US.

Approximately 20% of the population experiences a mental health problem during any given year.

Suicide:

- ▶ Is a major preventable public health problem.
- ▶ Is the 10th leading cause of death overall in the US with over 40,000 deaths per year (2013).
- ▶ There are an estimated 8-25 attempts for every suicide death.

Mental health issues are associated with increased rates of risk factors:

- ▶ Smoking
- ▶ Physical inactivity
- ▶ Obesity
- ▶ Substance abuse

These physical health problems can in turn lead to:

- ▶ Chronic disease
- ▶ Injury
- ▶ Disability

Sources: County Health Rankings (2014); Healthiest Wisconsin 2020; Healthy People 2020; Suicide Voices of Awareness (2014); Centers for Disease Control and Prevention

Monroe County Data

Mental Health Providers

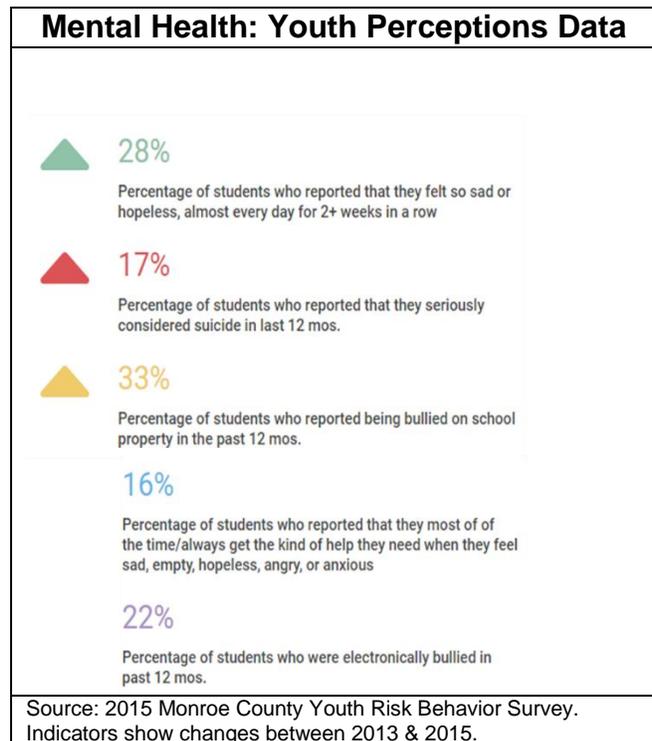
- Monroe County residents have a lack of access to mental health providers in the county. According to County Health Rankings (2016), there were 730 county residents for every 1 mental health provider. This is a significant improvement from 2011, where the population to provider ratio was 42,432:1. The ratio has improved over the past 5 years, but in 2015 County Health Rankings changed the measure to include marriage and family therapists and mental health providers that treat alcohol and other drug abuse.

Rate of Suicide Deaths

- During 2012-2014, according to Wisconsin Interactive Statistics on Health (WISH), there were 7.4 suicide deaths per 100,000 population. Between 2009-2011, the rate was 20.1 suicide deaths per 100,000 population.

Psychiatric Hospitalizations

- In 2012, there were 4.7 psychiatric hospitalizations per 1,000 population. In 2010-2011, there were approximately 4.4 psychiatric hospitalizations per 1,000 population.



Mental Health

Current Activities in Monroe County:

- Monroe County Mental Health Workgroup
- 24-Hour Mental Health & AODA Crisis Line (Northwest Connections & Monroe Co. Human Services)
- Monroe County National Alliance on Mental Illness (NAMI)
- Veterans Mental Health Summit
- Dementia Training & Caregiver meetings
- Mental Health counseling efforts in the schools
- Monroe County Human services- Coordinated services team for youth

Mental Health Workgroup

- Goal: Monroe County youth (0-18) will have improved mental wellness.
- Rationale: The Monroe County Mental Health Workgroup has been in existence since 2012 as a result of the COMPASS NOW 2012 assessment and Monroe County's Community Health Improvement Plan which identified mental health as a priority area of need. The workgroup is comprised of many community agencies such as law enforcement, healthcare providers, and school districts. In 2015, the workgroup decided that the targeted population that they wanted to focus on was youth based on the data reviewed in 2014.
- Objectives:
 - Long Term:
 - Improvement in mental health in Monroe County youth (improvements in YRBS, DHS, hospital data)
 - Medium Term:
 - Improved access to mental health services (Mental health provider ratio in CHR; YRBS).
 - Decrease in suspension and expulsion rates from schools.
 - Sustain the number of frontline workers who receive training related to mental health on a regular basis.
 - Short Term:
 - Increased awareness regarding the five signs of emotional suffering from Change Direction Campaign.
 - Increase access to mental health services in schools.
 - Increased number of frontline workers will receive training.
- Activities:
 - Promote Change Direction Campaign
 - Institute mental health counseling services in at least one school district
 - Provide training to frontline workers.
 - Crisis Intervention Training
 - Adverse Childhood Experiences & Trauma Informed Care (ACEs/TIC)
 - Question, Persuade, Refer (QPR) Suicide Prevention Trainings
 - Addressing continuity of care youth mental health care between school counselors and clinical mental health providers

Work Group Contact information: Jennifer Pederson, Monroe County Health Department (608) 269-8666 or Jennifer.pederson@co.monroe.wi.us. Mental Health Work Group meets the 1st Thursday of every month.

Alcohol and Other Drug Use

An estimated 22 million people per year in the U.S. have drug and alcohol problems. Ninety-five percent (95%) of them are unaware of their problem.

Approximately 88,000 deaths annually in the U.S. are attributed to excessive drinking (2006-2010). It is a leading lifestyle-related cause of death.

Drug and alcohol problems can lead to:

- ▶ Alcohol and drug dependencies
- ▶ Alcohol poisoning
- ▶ Fetal alcohol spectrum disorder
- ▶ Hypertension
- ▶ Heart attack
- ▶ Liver, brain, and heart disease

Substance abuse has a major impact on individuals, families and communities.

Drug and alcohol use can also lead to costly physical, mental and public health problems including:

- ▶ Teenage pregnancy
- ▶ HIV/AIDS and other STDs
- ▶ Domestic violence
- ▶ Child abuse
- ▶ Motor vehicle crashes
- ▶ Physical fights
- ▶ Crime
- ▶ Homicide
- ▶ Suicide

Wisconsin's rates for various measures of alcohol use and abuse are among the highest if not the highest in the nation.

Sources: Centers for Disease Control and Prevention; Healthiest Wisconsin 2020; Healthy People 2020

Local and State Data

26% of adults reported excessive drinking in the past 30 days

Monroe County residents ranked the following concerns as their top 3 community concerns:

- #1: Illegal Drug Use
- #2: Prescription Drug Misuse
- #3: Alcohol Use

In 2013, 36% of Monroe Co. adolescents reported drinking alcohol in the past 30 days. In 2015, that number dropped to 28%

#1 cause of drug arrests was marijuana possession

In 2013 & 2015, 28% of students reported using marijuana in their lifetime

Used Rx drug without a doctor's permission in lifetime
18% 2013, 14% 2015

Alcohol-related motor vehicle deaths, rate per 100,000

	2008	2009	2010	2011	2012
Monroe	5	9	2	4	4
Wisconsin	4	4	4	4	4

Alcohol-related motor vehicle injuries, rate per 100,000

	2008	2009	2010	2011	2012
Monroe	106	97	67	73	47
Wisconsin	76	67	62	52	51

Alcohol-related hospitalizations, total number & rate per 100,000

		Rate per 100,000	
	# 2012	2010-11	2011-12
Monroe	310	671	639
Wisconsin	48,074	844	836

Drug-related hospitalizations, total number and rate per 100,000

		Rate per 100,000	
	# 2012	2010-11	2011-12
Monroe	122	267	272
Wisconsin	15454	267	269

Sources: COMPASS NOW, 2015; Monroe County Youth Behavior Risk Survey, 2015; Wisconsin DHS, 2014.

Alcohol and Other Drug Use

What's happening in Monroe County to address Alcohol and other drug use problems?

- Mayo Clinic Health System Behavioral health- support group
- Monroe County Safe Community Coalition (Alcohol, Marijuana, and Prescription Drug Work Groups):
 - Objective: By September 29, 2016, reduce youth access to substances commonly abused, specifically alcohol, tobacco, and prescription drugs.

Alcohol work group

- Establish ways to increase the number of passed compliance checks by use of an incentive program and sharing outcome data.
- Increase awareness of the long-term negative effects of alcohol on the teenage brain through public outreach.
- Create public awareness of effects/costs of alcohol in Monroe County using local data. (OWI Court stats, burden of alcohol report, YRBS, etc.)
- Work towards consistency and sustainability of alcohol compliance checks within Monroe County by educating and working with law enforcement, city council and/or county board.
- Work with Hispanic Community to better understand alcohol issues within the culture.
- Explore feasibility for individual stores to adopt policy that checkers enter the birthdate of customers for all alcohol purchases before alcohol can be sold.

Marijuana work group

- Survey local stores for drug paraphernalia. For ones that are found, encourage them not to sell paraphernalia commonly used to smoke marijuana. Provide information to local store owners on risks of marijuana use.
- Educate community on the facts of the current marijuana laws and issues through local newspapers, website and Facebook posts.
- Work with those at state level to see what recommendations are being made for marijuana prevention efforts and implement some of their recommendations.
- Create a marijuana workgroup that will focus on marijuana issues within Monroe County.
- Research S-A-M (Smart Approaches to Marijuana) methods and see what trainings they may offer and utilize ideas that may work in Monroe County.

Prescription drug work group

- Outreach to & engage new community partners to help promote proper medication disposal (including veterinarians, churches, funeral homes, and hospice). Encourage them promote to their clients to inventory, clean out, and monitor their home and family's medicine cabinets.
- Gather more information about policies to increase access for more medication disposal options in the community (ex. in pharmacies or clinics)
- Work with schools to provide information on risks of non-medical prescription drug use at back to school and/or athletic forums.
- Maintain current medication return boxes and support the police departments in disposal of medications with the loss of DEA participation.
- Provide training to Foster Parents and Respite Families about Drug Endangered Children.
- Provide "Comfort Packs" to law enforcement to use with Drug Endangered Children.

Work Group Contact information: Natalie Carlisle, Coulee Cap, Drug Free Communities Coordinator, 608-269-2391 or Natalie.Carlisle@couleecap.org. The Alcohol work group meets on the 4th Tuesday of every month.

The Marijuana and Prescription work groups meet on the 1st Monday of every month.

Nutrition

A healthy diet reduces risk of a number of chronic diseases, some cancers, oral disease, malnutrition, anemia and others risk factors, diseases and illnesses.

At a healthy weight, one is less likely to:

- ▶ Develop chronic diseases
- ▶ Die at an earlier age

Good nutrition in children is important:

- ▶ To healthy growth & development
- ▶ To maintaining appropriate weight

Annual health care costs are \$1400 higher for people who are obese than for those are not.

When families have ready-access to sufficient and nutritious foods, they are food secure.

Ten percent of Wisconsin households are food insecure.

Sources: Healthiest Wisconsin 2020; Healthy People 2020

Monroe County Data

Fruit and Vegetable Intake

- According to the 2010 Behavior Risk Factor Surveillance System, 71.5% of Monroe County adults do not consume an adequate amount of fruits and vegetables each day.
 - The Behavioral Risk Factor Surveillance System (BRFSS) is the nation's premier system of health-related telephone surveys carried out by the Centers for Disease Control and Prevention (CDC) that collect state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services.

Food Insecurity

- 15% of Monroe County residents live in a food desert
 - A food desert is defined as a low-income census tract where a substantial number or share of residents has low access to a supermarket or large grocery store. This indicator is relevant because it highlights populations and geographies facing food insecurity (COMPASS NOW, 2015).

Obesity

- 32% of Monroe County adults are obese (County Health Rankings, 2016), an increase from 28% in 2011.
 - This measure by County Health Rankings counts the percentage of adults age 20 and older that report a BMI of 30 or more

Physical Inactivity

- Approximately 1 out of 4 (27%) of adults in Monroe County report being physically inactive.
 - This measure by County Health Rankings (2016), focuses on adults who report no physical activity during their leisure time. Examples of leisure-time physical activities include, but are not limited to: include running, calisthenics, golf, gardening, or walking for exercise.
- 51% of Monroe County High School Students reported being physically active 60+ minutes per day on 5+ days per week (Monroe County Youth Risk Behavior Survey, 2015).

Nutrition

What's happening in Monroe County re: Adequate Food & Nutrition?

- Food Pantry Assessment Project- Monroe County Health Department
- Women Infants & Children (WIC)
- Farm to School program
- Senior Services Meal Program- home delivery & meal sites
- Coulee Cap- bring in fresh produce, food demos, and recipes to Food Pantry
- Cashton Cupboard- small garden and produce
- Free lunch to Cashton kids during summer by local businesses
- Senior Services- Farmer's market vouchers
- UW-Extension- Food, Fitness & Fun program @Tomah & Sparta schools

Work Group Contact information: Julie Anderson, Monroe County Health Department (608) 269-8666 or julie.anderson@co.monroe.wi.us. The first work group meeting will be held on August 3, 2016 at 10:00 am.

Next Steps

A final written summary of the Monroe County Community Health Improvement Plan will be complete in the fall of 2016. The document will be posted on the Monroe County Health Department website.

Questions? Contact:

Monroe County Health Department
608-269-8666

<http://www.co.monroe.wi.us/departments/health-department/>

Email: julie.anderson@co.monroe.wi.us